

INGREDIENTS: Almonds, cashews, peanuts, honey, glucose syrup, chicory root fiber, rice flour, sea salt, soy lecithin, sugar.

Allergen Information: Contains almonds, cashews, peanuts and soy.

Made in a facility that processes tree nuts, and sesame seeds.

May contain nut shell fragments.

**50% less sugar per bar than the average nutrition bar. This bar has 5g sugar; the average nutrition bar has 12g sugar.*

Nutrition Facts

Serv. Size 1 Bar (40g)

Calories 200

Calories from Fat 130

*Percent Daily Values (DV) are based on a 2,000 calorie diet.

Amount/Serving	% DV*	Amount/Serving	% DV*
Total Fat 15g	23%	Sodium 135mg	6%
Saturated Fat 2g	10%	Total Carb. 15g	5%
Trans Fat 0g		Dietary Fiber 4g	16%
Polyunsaturated Fat 3.5g		Sugars 5g	
Monounsaturated Fat 8g		Sugar Alcohol 0g	
Cholesterol 0mg	0%	Protein 6g	

Vit. A 0%, Vit. C 0%, Calcium 4%, Iron 8%, Vit. E 15%, Vit. B3 10%, Phosphorus 15%, Magnesium 20%, Copper 20%, Manganese 25%

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Nutrition Notes: Includes 3g Added Sugars